



CAPTAIN UNDERPANTS' APPLE RAISIN POPS

MAKES: ABOUT 8 POPS | PREP: 10 MINUTES



INSTRUCTION

1. Core and cut each apple crosswise into 1/2-inch thick slices.
2. Make a slit with a paring knife in one side of each apple slice and carefully insert lollipop stick into the slit.
3. Arrange apple slices on a tray lined with foil or parchment paper.
4. Drizzle with almond butter and immediately sprinkle with raisins.

* Many brands of almond butter are thin enough to drizzle even when chilled right out of the fridge. But, if yours is on the thicker side, warm it in the microwave in a small heat-safe bowl for 15 to 20 seconds or until thin enough to drizzle. Drizzle immediately over apple slices.

Ingredients

- 2 Red Delicious or Pink Lady® apples
- 12 lollipop sticks
- 1/4 cup almond butter*
- 1/4 cup Sun-Maid® Raisins

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Serving Size

1 pop

Nutrition Facts (per pop)

89 cal., 5 g total fat (1 g sat. fat), 0 mg chol., 20 mg sodium, 12 g carb., 2 g fiber, 9 g sugar, 2 g pro.

Daily Values

0 % vit. A, 2 % vit. C, 3 % calcium, 3 % iron

